

**STAINLESS STEEL
TEMPO®**

UNISEX ANAL STIMULATOR

The Tempo® Unisex Anal Stimulator's design is simple, sleek, and revolutionary. This thoughtful, patented design is unlike other anal toys because it utilizes the body's natural response to enhance sensations and rouse the circulation of blood and endorphins. The Tempo will help you have the strongest orgasms of your life.

Preparation:

1. **Clean:** For a more comfortable session, it is recommended to clear your bowels before use. You may also wish to bathe and/or use a warm water rinse, but it is not necessary.
 2. **Relax:** Relaxation is the key to healthy, pleasurable anal play.
 3. **Exercise:** Practice kegels to prime the anorectal muscles.
 4. **Lubricate:** The sensitive tissues in the anal canal need plenty of lubrication to keep friction low and pleasure high. You can lubricate internally using Marksman™ pre-filled applicators, your finger, the Tempo®, or a rectal syringe.
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Instructions:

1. Gently insert only the head of the Tempo® into the anal canal, then contract your sphincter muscles several times to pull the Tempo in. Do not force insertion. Be kind to your behind.
 2. After your body is accustomed to the presence of the Tempo, begin contraction and relaxation exercises, experimenting with different strengths and durations.
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Tips:

1. By learning to control the position of the Tempo within the anal canal through a counter-balance act of sphincter contractions and rectal pressure, the peristaltic waves will become stronger and come in more rapid succession.
 2. Because the anal canal is a treasure trove of nerve endings, every sensation is intensified with the Tempo. The curves and balls of the Tempo placed in different positions and depths within the anal canal will surprise and delight you with very distinct and unique sensations.
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Warning:

Do not use this product if you have nickel allergies. This product is crafted from high grade stainless steel and contains Nickel. If you experience any pain or discomfort during use, you should discontinue use of the product. Use of the Tempo is at his/her own risk. Neither the manufacturer nor the retailer assumes any responsibility or liability for use of the Tempo. As usual, consult your physician before including any device in your sexual activity.

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