

Product Description: This deck includes 100 cards, each depicting a unique position designed to enhance your fitness in a fun and engaging way.

Instructions for Use: Each card illustrates a different position. Users can shuffle the deck and select cards at random to create varied workout routines.

Packaging: The cards come in a compact box measuring approximately 15 x 9 x 3.5 cm, making it easy to store or gift.

Safety Warnings:

- Contains small parts, which may pose a choking hazard.
- Recommended for adult use only.
- Intended for domestic use only.