

**Ingredients:**

2 Capsules provide: L-Arginine (as HCL) 300 mg, Capsule Shell (Hydroxypropyl Methyl Cellulose, Colours (Indigotine, Titanium Dioxide)), Caffeine Anhydrous 180 mg, Ginger Root^2400 mg, Saw Palmetto^ 400 mg, Maca Root^ 800 mg, Fenugreek^ 240 mg, Cayenne Powder 60 Mg, Rice Flour, Anti-caking Agents (Magnesium Stearate, Silicon Dioxide), Korean Panax Ginseng^ 200 mg, Cocoa Extract 20 mg, Zinc (as Zinc Oxide) 10 mg(100% NRV\*), Vitamin B12 (as Cyanocobalamin) 5 µg(200% NRV\*), Thamin HCl (Vitamin B1) 2.2 mg (200% NRV\*), Vitamin B6 (as Pyridoxine HCL) 1.4 mg (100% NRV\*), \*NRV = Nutrient Reference Value, ^ = Extract Equivalent to

**Directions for Use:**

Adults - take 2 capsules with water or a cold drink. Do not exceed 2 capsules in a 24 hour period.

**IMPORTANT:**

KEEP OUT OF SIGHT AND REACH OF CHILDREN. Consult a medical professional if you have any underlying health conditions before use. Not a substitute for a healthy balanced diet or lifestyle. Do not use if blister seal is broken. Contains high caffeine content. Not recommended for children, pregnant or breastfeeding women. (Total is 180mg per serving).

Store in a cool dry place not exceeding 25°C.

Best Before End: see end flap.