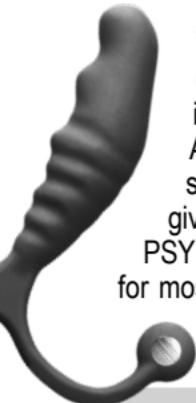




USER GUIDE

PLEASE READ INSTRUCTIONS THOROUGHLY BEFORE USE



The Aneros PSY is a unique product that takes inspiration from our oldest and most unusual legacy prototypes and combines it with 25 years of Aneros innovation and customer input. The Aneros PSY features bold body contours and ribs, and a special spacing between the P (perineum) and K (Kundalini) tabs that gives this product a feel and performance all its own. The Aneros PSY comes preset from the factory with an action that will be ideal for most users. But for those who are looking for a custom fit, we've included a special feature - **adjustable arms and tabs**.

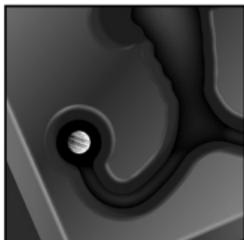
Custom adjustment is best for those who:

- Want more or less pressure on the perineum
- Want to raise or lower the tab (making it closer or farther from the anus)
- Want more or less pressure on the K-spot – the area under the tail bone.
- Want to raise or lower the tab (making it closer or farther from the tailbone)

ADJUSTING THE ARMS AND TABS

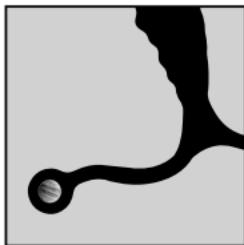
Before you get started, understand that Aneros massagers operate in accordance with a precisely balanced architecture. Therefore, keep in mind that small changes can have a large impact on overall performance. For this reason, it's best to work with very small adjustments to achieve a desired effect. For example, if your "sweet spot" (perineal acupressure spot) is closer to your scrotum, grab the tab where it meets the arm and gently angle it upward (without moving the arm). If, after testing, you find there is too much pressure, gently pull the arm away from the body (remembering that an adjustment of the arm may require a readjustment of a tab). In general, working stepwise in small increments will be the best way to find your custom fit.

RESETTING THE ARMS AND TABS



To return to the factory setting on the Aneros PSY, use the tray that came with the product as a template and reposition the arms and tabs so the massager fits easily back into the tray. (Be sure to keep the Aneros PSY packaging, as it will come in handy.)

ADVANCED MANEUVERS



Be advised that while the insertable depth of the Aneros PSY can be changed with arm adjustment, this is a complex maneuver that may compromise the massager's responsiveness. For this reason, large scale movement of the arms should be avoided by anyone other than advanced users.

PRECAUTIONS

While the Aneros PSY has been designed to provide users with an opportunity to develop a custom fit, it is not intended for infinite adjustment. **Large scale adjustments or repeated repositioning will deform the arms and tabs over time and may degrade product performance. Excessive repositioning may cause the arms to fracture and will void your warranty.** The Aneros PSY is not intended for grinding. Using the Aneros PSY in a seated position will put undue pressure on the arms and tabs and result in deformation.

CARE

The Aneros PSY should only be used with water-based and plant oil-based lubricants. **Never use silicone or petroleum-based oil lubricants with this product.** Doing so will degrade the product's surface and void your warranty. For easy clean-up, water-based lubricants are the best choice. Wash the Aneros PSY before and after use and store in a clean and dry environment.

CLEANING

The Aneros PSY is made of a non-porous, medical-grade silicone and is easy to clean. Wash the device with a non-abrasive soap and warm water and air dry. As an option, a good quality adult toy cleaner may be used. Never attempt to sanitize the Aneros PSY in boiling water, this will result in deformation and void your warranty. Do not use cleaners containing acetone or petroleum based solvents, as they will degrade the product's surface and void your warranty.

WARNINGS

If you have any ongoing medical condition affecting your prostate or pelvic area such as anal fissure, anal or rectal bleeding, inflamed hemorrhoids or acute bacterial prostatitis or any other general concerns regarding your health, consult with your physician before using this device. Do not use this product if you have been diagnosed with prostate cancer. Do not use this product on any area of your body that is swollen, inflamed or where the skin is broken.

The Aneros PSY should be used with a generous amount of lubrication. Insufficient lubrication may cause pain, discomfort and/or tearing of anal tissues. Never drive this product by hand. The Aneros PSY is a hands-free device that is designed to be powered by your anal contractions only. Never use the Aneros PSY with straightened arms. Doing so could cause the massager to be pulled inside your body and become irretrievable. One or both tabs must be in contact with your perineum or K-spot (the area under the tail bone) when in use. Never force the Aneros PSY into your anorectal canal. Forcing it can cause pain or injury to your anal tissues and prostate gland. Discontinue use if you experience pain, irritation, swelling, bleeding, or loss of sensation. Do not use this device while under the influence of drugs or alcohol as they may impair your judgment and increase the risk of injury.

Disclaimer: Use of Aneros products is at the users own risk. Neither the manufacturer nor the retailer assumes any responsibility or liability for use of the products.

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