



[www.bathmatedirect.com](http://www.bathmatedirect.com)

Manufactured in China, assembled in the UK by DX Products Ltd  
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#### ⚠️WARNING

- **INGESTION HAZARD:** This product contains a button cell or coin battery
- **DEATH** or serious injury can occur if ingested
- A swallowed button cell or coin battery can cause **Internal Chemical Burns** in as little as **2 hours**
- **KEEP** new and used batteries **OUT OF REACH of CHILDREN**
- **Seek immediate medical attention** if a battery is suspected to be swallowed or inserted inside any part of the body.



BM-PT-INS-01

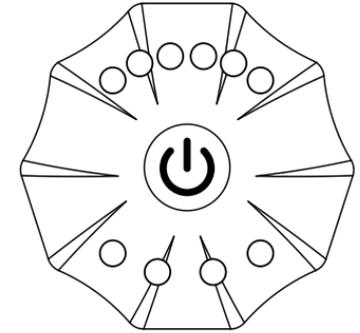


SCAN FOR MULTI-LANGUAGE SUPPORT



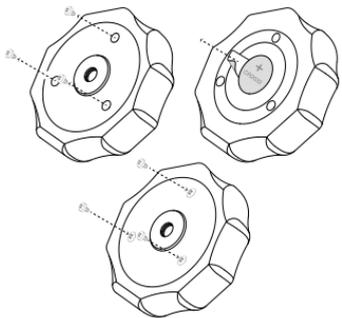
#### Tips For Use:

1. Before first use, remove the battery cover from the back of the timer by unscrewing the 3 screws using the screwdriver provided and remove the paper from the back of the battery. Replace battery and cover, ensuring that the screws are replaced tightly.
2. Screw the suction cup into the back of the timer. Your timer can now be applied to the chamber of your hydropump or to a flat surface.
3. Turn the timer on by pressing and holding the on/off button for 3 seconds. The LED lights will light up sequentially, then the first light will remain lit green, indicating that your timer is ready to use.
4. Position your pump to your body and pump slowly and evenly until the bellows remain compressed as per your pump user guide.
5. To start the timer, press the on/off button once. The first light will begin to flash green.
6. After every 30 seconds, the timer will beep once, the flashing light will turn solid green and the next light will begin to flash.
7. Once all 6 green lights have turned solid, the timer will beep continuously to indicate the end of your first 3-minute pump stage. The first red LED light will then begin to flash indicating the start of your first 2-minute rest period.
8. Safely remove the hydropump from your body as per your pump user guide.
9. After every 30 seconds, the timer will beep once, the flashing light will turn solid red and the next light will begin to flash. Once all 4 red lights have turned solid, the timer will beep continuously to indicate the end of your first 2-minute rest period.
10. Carry out steps 3-10 3 times in total to complete your 15 minute pumping session.

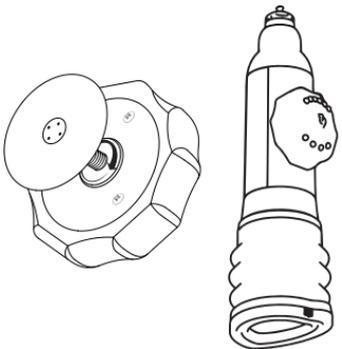


PUMP  
**TIMER**  
USER GUIDE

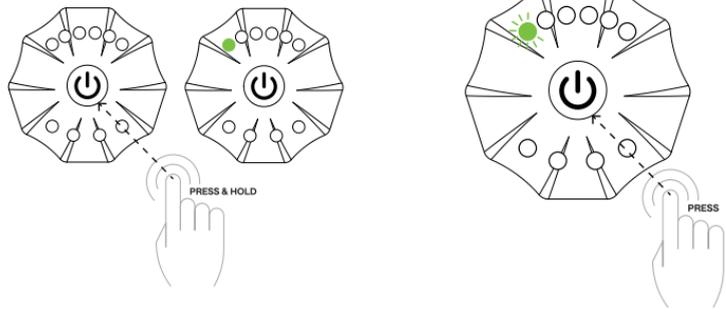
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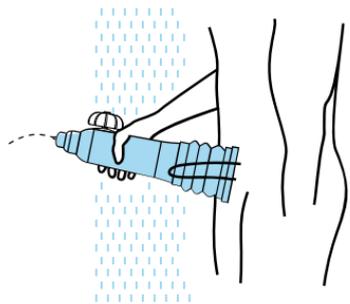
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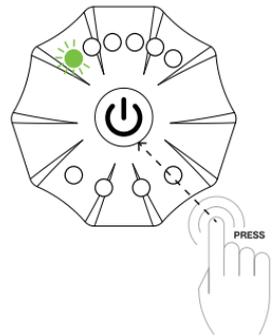
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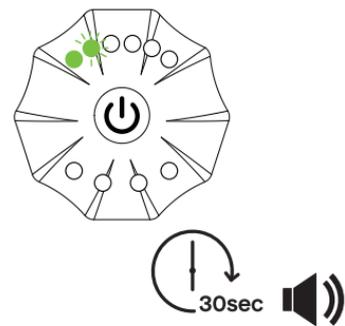
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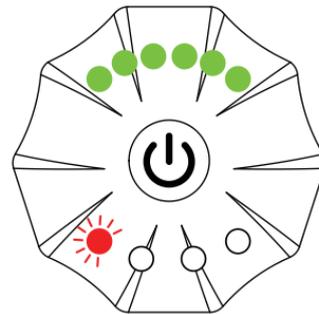
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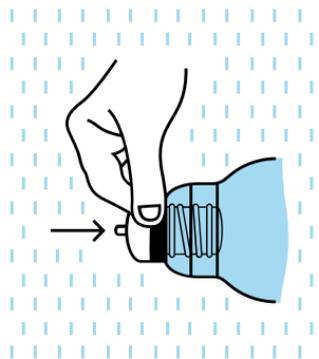
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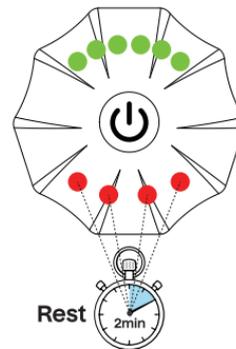
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10.

