

## Ero by HOT Active Energy Caps Men - 5 Caps

<b>Nutrients</b> <i>Daily consumption (1 capsule)</i>		<b>RM*</b>
Oat Straw Powder - ap. Beta Glucan	100 mg 25 mg	-- --
Guaranasemenpowder	30 mg	--
Vitamin B6	5 mg	350%
Vitamin B12	5 µg	200%

\*Daily Reference Intakes according to Annex XIII Regulation (EU) No 1169/2011.

**Recommended consumption:** Take one capsule once a day, two hours before the desired effect, unchewed with sufficient liquid. The specified recommended daily consumption amount must not be exceeded.

**NOTE: Food supplements should not be used as a substitute for a well balanced and varied diet as well as a wholesome way of living.**

**INGREDIENTS:** CARDAMOMPOWDER, **OAT STRAW POWDER**, CAPSULE (PLATING MITT E 464, COLOURING AGENT E171, E133), GUARANASEMENPOWDER, FILLING AGENTS (MICROCRISTALLINE CELLULOSE, CALCIUMCARBONATE), CAFFEINE EXTRACT, PYRIDOXINHYDROCHLORIDE, CYANOCOBALAMINE

Contains caffeine. It is not recommended for children and pregnant women. (Caffeine content: 6 mg daily dosage of 1 capsule). Keep out of reach of children. Protect from sunlight, store in a cool, dry place. Do not combine with alcohol or caffeine.