

## Ero by HOT Stimulating Energy Caps Women - 5 Caps

<b>Nutrients</b> <i>Daily consumption (1 capsule)</i>		<b>RM*</b>
Oat Straw Powder - ap. Beta Glucan	100 mg 25 mg	-- --
Guarana semen powder	30 mg	--
Niacin	5 mg	31%
Folic Acid	50 µg	25%

\*Daily Reference Intakes according to Annex XIII Regulation (EU) No 1169/2011.

**Recommended consumption:** Take one capsule once a day, two hours before the desired effect, unchewed with sufficient liquid. The specified recommended daily consumption amount must not be exceeded.

**NOTE: Food supplements should not be used as a substitute for a well balanced and varied diet as well as a wholesome way of living.**

**INGREDIENTS:** CARDAMOM SEMEN POWDER, **OATMEAL**, CAPSULE (PLATING MITT E 464, COLOURING AGENT E171, E172), MAGNESIUMSTEARATE (SEPARATING AGENT), GUARANA SEMEN POWDER, CAFFEINE, MUIRA PUAMA BARK EXTRACT, NICOTINAMIDE, PTEROYLMONOGLUTAMIC ACID

Contains caffeine. It is not recommended for children and pregnant women. (Caffeine content: 6 mg daily dosage of 1 capsule). Keep out of reach of children. Protect from sunlight, store in a cool, dry place. Do not combine with alcohol or caffeine.